



ZING365
Learning without limits

INSIGHT DISCOVERY PERSONALITY PROFILING

WHAT WE WILL COVER

The programme will take the attendees through four learning experiences:

1. Understanding the Insights Discovery 4 main personality types and colours
2. Understand your own style
 - Develop an understanding of your own style and how you may be seen by others (work, communication, behaviour)
 - How you act and react
 - Recognise your strengths and understand how you can adapt these to be more effective in building relationships
3. Understand others
 - Recognise other's behavioural styles and learn how to respond effectively to others' needs
4. Adapt and connect
 - Learn how to adapt your behaviour to build relationships and influence others
 - How to overcome communication challenges

SUMMARY

Each person employed by your business is unique - they bring different styles, needs and expectations. In these differences lie great strength!

Using the Insights Discovery workshop will allow individuals and the team to understand and appreciate these differences. By understanding more about self, about others and how to bring together and build upon those different strengths, we can help you to achieve your organisational, team and personal goals.

This fast-paced, interactive and fun session will help you understand and improve the communication and interpersonal dynamics within your team.

PRE WORK

Completion of the Insights Discovery assessment instrument



PART OF THE DWF GROUP

OBJECTIVES

By the end of this course you will;



Discover and understand your own personality style and preferences



Build your skills and knowledge to approach and communicate with others more effectively



Improve your approach to challenging situations and different personalities